

健康有氧鄉鎮～CPR 鄉鎮化

Healthy Community



(叫)
確認反應及呼吸
Check for consciousness
and breathing



(叫)
求救，打 119
Call 119 for help



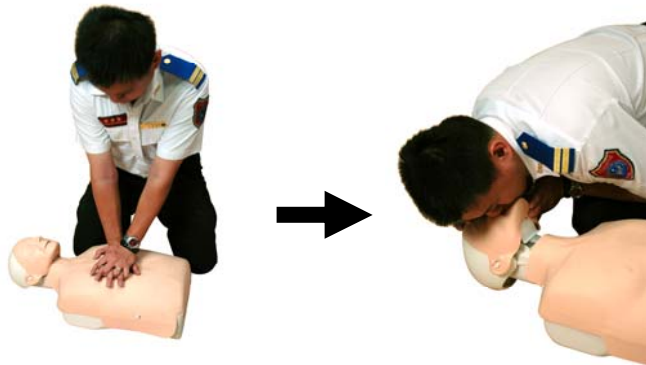
(C)胸部按壓
胸部兩乳頭連線中央
按壓 30 次
若施救者不操作人工呼
吸，則持續作胸部按壓
Compressions
30 times between 2
nipples



(A)呼吸道
壓額提下巴
Airway
Head tilt chin lift



(B)呼吸
吹 2 口氣，每口氣 1 秒鐘，
可見胸部起伏
Breaths
Give 2 breaths
(1 second per breath)



重複 30：2 之胸部按壓與人工呼吸，
直到醫療救護人員到達或傷患會動為止
Repeating Compressions and breathing at a
ratio of 30：2，until medics arrive or patient
start moving



(D)去顫
儘快取得 AED
要用成人的電擊貼片
Defibrillation
Early access to AED



彰化縣消防局關心您

Fire Bureau Changhua County
<http://www.chfd.gov.tw>

